

82. The process referred to by researchers as 'inflammaging' is related to

- A) lower level of inflammation as a person gets older.
- B) stagnating level of inflammation as a person gets older.
- C) higher level of inflammation as a person gets older.
- D) none of the answers mentioned above is correct.

Assunto: Interpretação de texto

Parágrafo 6:

But chronic inflammation is a low-grade condition that can simmer for years. It can begin with an infection or injury, but then morph into a lingering state, in which the immune system starts attacking healthy tissue, Dr. Shmerling said. Chronic inflammation can also be linked to diet, stress, smoking, obesity, sleep quality and your level of physical activity. And it increases as you age (a process that researchers call "inflammaging").

A questão pede que se identifique a que o processo chamado "inflammaging" está relacionado. A informação está no final do **parágrafo 6**, no trecho "And it increases as you age (a process that researchers call 'inflammaging')", que mostra que o nível de inflamação aumenta com a idade.

Item: C