WHO AM I?

A Story About Cecília



Acknowledgments

It was wonderful to work with my classmates to create this English book. I would like to thank our English teacher, Christopher, for all his support, care, and dedication, and my classmates for their collaboration and the special moments we shared. Together, we learned a lot and created something truly special!

With lots of love,
Class 7A.

This is Cecília.

Cecília is a curious, kind and thoughtful girl.

She loves to learn new things, spend time with her family and think about her dreams.

Her mother, Laura, is very important to her.

At school, Cecília has a teacher named Mrs. Helena, who is also an important person in her life.

Cecília is usually happy and confident.

But as she grows older, she starts thinking about an important question.

CECÍLIA:

"Who am I?"

It sounds like a simple question.

But Cecília will discover that the answer is much bigger than she imagined.



When Cecília was younger, she did not think about who she was.
She simply enjoyed every day.
She played with her toys, laughed with her mother and discovered new things.
Small moments made her happy.
A hug from Laura made her feel safe.
Learning something new at school with Mrs. Helena made her excited.
Every day brought a new experience.
As the years passed, Cecília started to change.
She had new interests, new dreams and new questions.
Without knowing it, every experience was helping Cecília become the person she was.



Laura had always been an important part of Cecília's life.

She taught her daughter to be kind, responsible and confident.

When Cecília made a mistake, Laura encouraged her to learn and try again.

One afternoon, Laura noticed that Cecília was unusually quiet.

LAURA:
"Are you okay, Cecília?"

CECÍLIA:
"Yes, Mom. I'm just thinking."

LAURA:
"About what?"

CECÍLIA:
"About who I am."

Laura smiled.

She knew that Cecília was growing up.

And growing up meant discovering new things about the world — and about herself.



School was another important part of Cecília's life.

Every morning, she entered a place full of books, activities, questions and new things to learn.

Her teacher, Mrs. Helena, always encouraged Cecília to ask questions and share her ideas.

At school, Mrs. Helena was her teacher.

At home, Laura was her mother.

Cecília learned many things in the classroom.

But one day, she realized that some questions could not be answered by a book.

CECÍLIA:

"Mrs. Helena, can a book tell me who I am?"

MRS. HELENA:

"No. That is something you discover yourself."

Cecília became even more curious.



Cecília started paying more attention to her feelings.

She noticed that she was not exactly the same every day.

Some days, she felt happy and excited.

Other days, she was quiet and thoughtful.

Sometimes she felt brave.

Sometimes she was afraid.

Sometimes she felt very confident.

Other times, she had doubts.

At first, Cecília thought this was confusing.

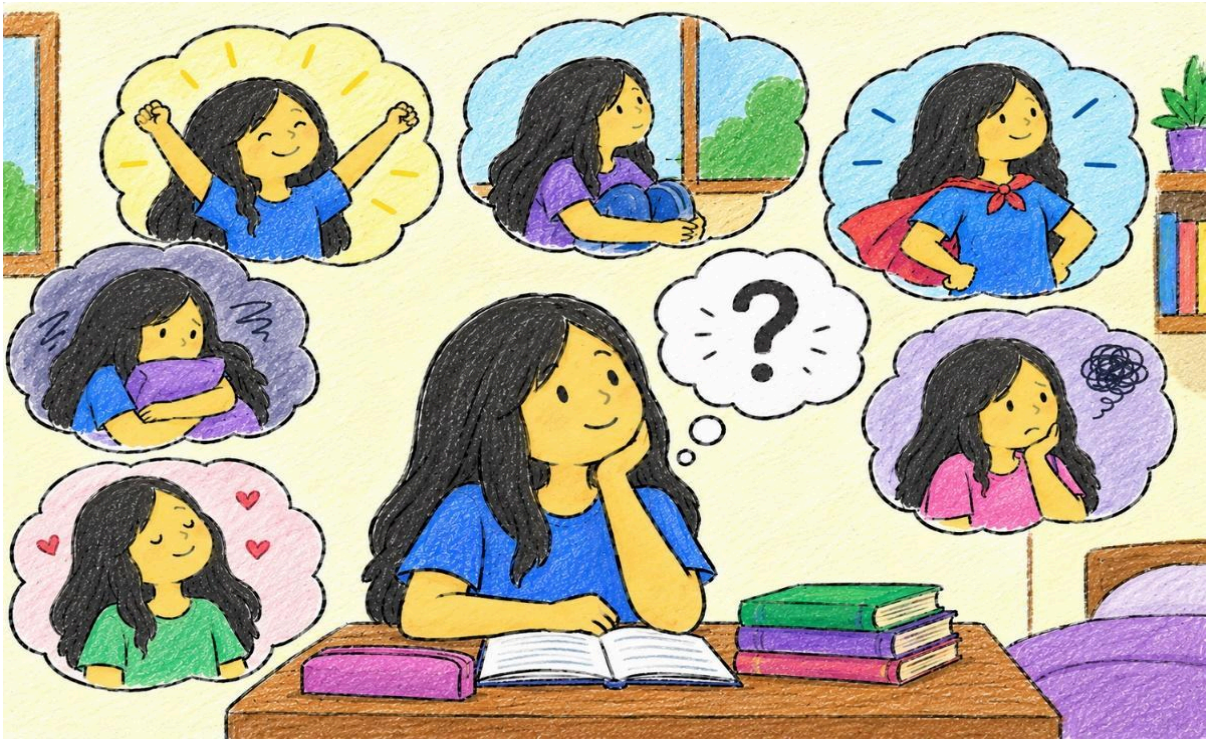
CECÍLIA:

"How can all these feelings be part of me?"

Then she began to understand.

Being herself did not mean feeling the same thing every day.

All her different feelings were part of who she was.



One day, Cecília woke up feeling different.
Nothing terrible had happened.
She was simply having a difficult day.
At school, she was quieter than usual.
She tried to concentrate, but many thoughts were going through her mind.
Cecília wondered why some days were easier than others.
Then she remembered something her mother, Laura, had taught her.
Not every day needed to be perfect.
Difficult moments could also teach her something.
Cecília took a deep breath and continued her day.
She was beginning to understand herself a little better.



Later that day, Cecília talked to Laura at home.

She finally decided to tell her mother what was bothering her.

CECÍLIA:

"I want to understand who I really am."

LAURA:

"You don't have to understand everything today."

CECÍLIA:

"But when will I know?"

LAURA:

"You will discover yourself little by little."

Cecília thought carefully about those words.

Maybe finding herself was not something she could finish in one day.

Maybe every new experience would give her another part of the answer.

And for the first time, Cecília felt comfortable with not knowing everything.



That night, Cecília started thinking about her memories.

She remembered herself as a little girl.

She remembered everything Laura had taught her.

She remembered happy days and difficult days.

She remembered things she had learned and mistakes she had made.

She also remembered the things Mrs. Helena had taught her at school.

Then Cecília realized something important.

Every experience had changed her a little.

Her memories were part of her.

Her dreams were part of her.

Her feelings were part of her.

Even her mistakes were part of her story.

Maybe the answer to “Who am I?” had been around her all along.



The next morning, Cecília looked at herself in the mirror.

For the first time, she did not look for one perfect answer.

She understood that she was many things.

She was a daughter.

She was a student.

She was curious.

She was kind.

She was brave, even when she sometimes felt afraid.

She had dreams, memories, feelings and ideas.

She made mistakes and learned from them.

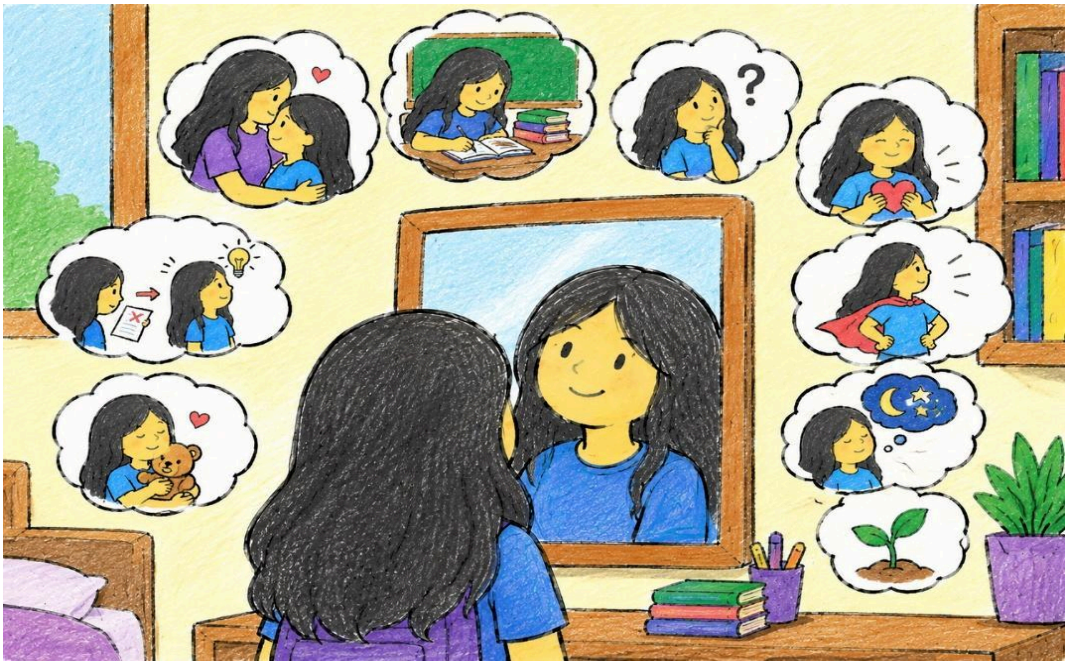
And she was still growing.

Cecília smiled at her reflection.

CECÍLIA:

"I don't need to know everything about myself yet."

And suddenly, the question that once seemed so difficult became much easier.



That night, Cecília stood beside her bedroom window.

She looked at the stars and remembered the question that had started everything.

Who am I?

This time, Cecília smiled.

Her story was not finished.

She still had new things to learn, new dreams to discover and new experiences to live.

She knew that she would continue changing as she grew.

And that was okay.

CECÍLIA:

"I am everything I have learned, everything I love and everything I dream about."

Cecília finally understood.

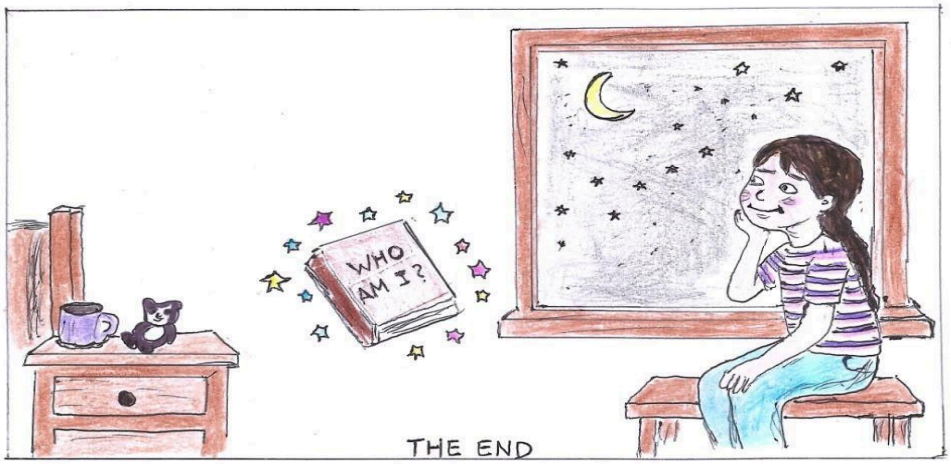
Knowing who you are does not mean having every answer.

It means understanding that you are always learning, changing and growing.

CECÍLIA:

"I am still discovering who I am."

And Cecília's story was only beginning.



THE END

Our Class Biography

We are Class 7A, a group of students who enjoy learning, sharing ideas, and discovering new things together. Throughout this project, we worked as a team to create our English book, using our creativity, imagination, and English skills. We learned the importance of cooperation, respect, and helping one another. We are proud of what we have accomplished together, and we hope you enjoy reading our book as much as we enjoyed creating it!



Our class, our ideas, our story!

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WHO AM I ? – A Story About Cecília

Cecília is a curious girl who loves her family, learns new things, and dreams about the future. As she grows up, she starts asking herself an important question: “Who am I?”

With the help of her mother, Laura, and her teacher, Mrs. Helena, Cecília begins to understand her feelings, memories, dreams, and experiences. She learns that making mistakes and having difficult days are part of life.

Join Cecília on this special journey of self-discovery and learn that growing up means learning, changing, and discovering who you are. Meet Class 7A!